

IMEC (Marie Cobel) with "Friends"
August 22, 1985

Session 124: Knowing

Summary:

The friends spoke to Bob about listening and communicating. A person needs to listen to the whole idea before making associations. The mental body (brain) makes associations of ideas with words before the whole idea is heard. Therefore, the idea may not be understood.

The Earth plane works through concepts to give a greater understanding of ideas. We need to bring into harmony the emotional and mental body. We need to observe, be present, and witness and not interfere.

Discusses about how the body understands and reacts to ideas through emotions, concepts, the aspects of a person, and how the mental body forms an understanding of words. Words represent concepts. Our words are imperfect, that's why there is so much misunderstanding between people. That's how Bob "felt" that the sessions were coming to an end. He filtered an idea through his mental body to come up with a perception. The friends said to examine the thought! Basically, the friends said that Bob's perception was based on incorrect interpretation of an idea.

The friends then started talking about taking responsibility. That attachments to the aspects mean that the aspects are taking care of us the way they believe is correct. Aspects bring up thoughts and feelings. The aspects are taking care of us. A person should take the responsibility of their own emotions and thoughts, not let the aspects control them.

Question by Bob: Aspect of channel to bring Dr. Carlisle forward. How has Dr. Carlisle learned to be interpreter?

Dr. Carlisle said he learned our language through mental or knowing of verbalization. Dr. Carlisle said he no longer wants to be part of the energy (Marie). He's very upset because there is a disagreement, and the middle ground cannot be achieved. Dr. Carlisle starts to get upset and talks about the poor and suffering children. Dr. Carlisle said there needs to be harmony to support ideas. Bob then asks Marie to become fully conscious to answer the question of disagreement or disharmony. Marie said she's not aware of any disagreement.

Dr. Carlisle then says that all her aspects need to meet in the middle, but Marie doesn't want to meet in the middle. Marie's Sister Teresa's aspect enters the session and says that she is leaving for good! The channeling session ended shortly and abruptly.

When Marie leaves her channeling and goes to the debriefing session, she tells Bob about an incident with her cat. Marie's cat brought a baby rabbit into the yard. Marie

decided to observe what was happening without judgment or emotion. She said the cat really enjoyed itself. Marie believes that this incident is why Sister Teresa left and Dr. Carlisle was upset because Marie didn't show pity and help the unfortunate rabbit.

Report by Denise Teixeira